

Three-time 1st Team All-PSAC

Ally Roth (F) – 2013-15
Juel Adams (B) – 1996-98
Stacie Fritz (M) – 1995-97
Karen Moliver (F) – 1986-88

Two-time 1st Team All-PSAC

Jady van Gils (F) – 2023-24
Celeste Veenstra (F) – 2019, 21
Desiraye Mack (M) – 2015-16
Emily Howell (B) – 2015-16
Joanna Reckley (M) – 2009-10
Kayla Cilenti (B) – 2008, 2010
Ashley Kocis (F) – 2004, 2006
Rachel Miller (M) – 2000-01
Kelly Laverdure (F) – 1995-96
Carol Rakich (M) – 1989-90
Aimee Ross (F) – 1988-89

Coach of the Year

Sandy Miller – 1996, 2001, 2016

Athlete of the Year

2024 Jady van Gils (MF)
2023 Jady van Gils (MF)
2014 Ally Roth (F)
2006 Ashley Kocis (F)

Defensive Athlete of the Year

2017 Sydney McCarthy (B)
2016 Emily Howell (B)

Freshman of the Year

2009 Mical Fink (B)

2024

Athlete of the Year – Jady van Gils

1st Team – Jady van Gils (MF)
2nd Team – Kerry Kaufman (MF), Charlotte Simon (B)
3rd Team – Minke Klijn (F), Bella Viruet (B)

2023

Athlete of the Year – Jady van Gils

1st Team – Lia Parker (MF), Jady van Gils (MF), Nicole Krozser (MF), Maddy Barbush (B)
2nd Team – Madison Kline (F), Amy Supey (GK)
3rd Team – Grace Lesh (B)

2022

1st Team – Olivia Breen (B), Amy Supey (GK)
2nd Team – Madison Kline (F), Nicole Krozser (MF)
Jady van Gils (MF), Maddy Barbush (B)
3rd Team – Hanna Lewis (F), Lia Parker (MF)

2021

1st Team – Celeste Veenstra (F), Hannah Barbush (B)
2nd Team – Morgan Mesenbrink (F), Lia Parker (M)
3rd Team – Nicole Krozser (M)

2019

1st Team – Celeste Veenstra (F)
2nd Team – Hannah Barbush (M), Kristen English (M)
Emily Spangler (B), Maddie Richie (GK)
3rd Team – Jada Martin (F), Sara Ober (B), Briana Sassaman (B)

2018

1st Team – Bailey Quinn (F), Ashley Ceschini (B)

2nd Team – Paige Harrold (M), Kelli Shapiro (M)
3rd Team – Celeste Veenstra (F), Emily Spangler (B)

2017

Defensive Athlete of the Year – Sydney McCarthy

1st Team – Sydney McCarthy (B)
2nd Team – Bailey Quinn (F), Ashley Chioda (M)
3rd Team – Melanie Shambaugh (F), Amanda Crampton (B), Halle Frisco (GK)

2016

Defensive Athlete of the Year – Emily Howell

Coach of the Year – Sandy Miller

1st Team – Robin Stevenson (F), Desiraye Mack (M), Morgan Firestine (B), Emily Howell (B)
2nd Team – Sydney McCarthy (B)

2015

1st Team – Ally Roth (F), Desiraye Mack (M), Emily Howell (B)
2nd Team – Rebecca Snyder (M)
3rd Team – Morgan Firestine (B), Amanda Wnorowski (B)

2014

Athlete of the Year – Ally Roth

1st Team – Ally Roth (F)
2nd Team – Jessica Lawville (F), Amanda Wnorowski (B)
3rd Team – Desiraye Mack (M), Gabrielle Seibert (M)

2013

1st Team – Ally Roth (F)
2nd Team – Brielle Kessel (M)

2012 (All-PSAC East)

1st Team – Mallory Pope (M)
2nd Team – Lauren Ventrella (F), Brielle Kessel (M), Jessica Bachman (B)

2011 (All-PSAC East)

2nd Team – Lauren Ventrella (F), Amanda McGuire (M), Michelle Tewell (B), Maureen Ordnung (GK)

2010 (All-PSAC East)

1st Team – Jessica Frantz (F), Brittany Kocis (M), Joanna Reckley (M), Kayla Cilenti (B), Maureen Ordnung (GK)
2nd Team – Kira Edelman (B)

2009 (All-PSAC East)

Freshman of the Year – Mical Fink

1st Team – Caitlin Brownley (F), Joanna Reckley (M), Mical Fink (B)
2nd Team – Jessica Frantz (F)

2008 (All-PSAC East)

1st Team – Kierstyn DeNardo (M), Nikki Trunzo (M), Kayla Cilenti (B), Carolyn Kisling (GK)
2nd Team – Monica Gombita (F), Kahla Doran (B)

2007

1st Team – Karleigh Bowen (B)
2nd Team – Kierstyn DeNardo (M)

2006

Athlete of the Year – Ashley Kocis

1st Team – Ashley Kocis (F), Katie Ord (B)
2nd Team – Cara Senese (F), Kara Partington (M),

Miranda Fountain (GK)

2005

2nd Team – Jen Hyman (M), Adele Mauck (B)

2004

1st Team – Ashley Kocis (F), Nicole Kocis (M)

2nd Team – Cara Senese (M), Katie Ord (B), Katie Fox (GK)

2003

2nd Team – Sara Gorman (F), Steph Hippman (F), Nicole Kocis (M),
Cara Senese (M)

2002

1st Team – Kelly Wagner (GK), Sara Gorman (F),
Shannon McCracken (M), Rebecca Henderson (B)

2001

Coach of the Year – Sandy Miller

1st Team – Rachel Miller (M), Kathy Martin (B)

2nd Team – Kelly Wagner (GK), Kate Dideon (F),
Shannon McCracken (M)

2000

1st Team – Kelly Derby (B), Rachel Miller (M), Kate Dideon (F)

2nd Team – Meghan Furnia (M)

1999

1st Team – Meghan Furnia (M)

2nd Team – Kelly Wagner (GK), Alisha Rigel (B), Kate Dideon (F)

1998

1st Team – Juel Adams (B), Kim Hollock (B)

2nd Team – Jennifer Weinraub (M), Kim Singleton (F)

1997

1st Team – Juel Adams (B), Stacie Fritz (M), Kim Singleton (F)

1996

Coach of the Year – Sandy Miller

1st Team – Juel Adams (B), Stacie Fritz (M), Terri Williams (M),
Wendy Hastings (F), Kelly Laverdure (F)

2nd Team – Kim Singleton (F)

1995

1st Team – Stacie Fritz (M), Kelly Laverdure (F)

2nd Team – Megan Evans (M)

1994

1st Team – Vicki Vaites (B)

2nd Team – Jessica Diblasi (F), Charity Barker (B),
Cindy Tserkis (GK)

1993 (no 2nd Team)

Honorable Mention – Rhonda Lutkins (M)

1992 (no 2nd Team)

Rhonda Lutkins (F), Allison Goodley (B)

Honorable Mention – Jennifer Hawk (M)

1991 (no 2nd Team)

Lisa Weidman (F), Dawn Strunk (GK)

Honorable Mention – Krista Mangle (M), Christen Pfahler (B)

1990 (no 2nd Team)

Ann Marie Dellibovi (F), Beth Bingaman (M), Carol Rakich (M)

Honorable Mention – Krista Mangle (B), Rose Palmer (B)

1989 (no 2nd Team)

Aimee Ross (F), Carol Rakich (M), Cindi Long (GK)

1988 (no 2nd Team)

Karen Moliver (F), Aimee Ross (F), Michele Seltzer (B)

1987 (no 2nd Team)

Karen Moliver (F)

1986 (no 2nd Team)

Karen Moliver (F), Shelly Knapik (GK)